



# The Sahara Insider

VOLUME II, ISSUE I

SPRING 2009

## Sahara News and Recent Events

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### SAHARA BAZAAR SALES

For the fourth year in a row, Sahara took part in an all-day event at Fruit and Spice Park, Homestead. We held a Bazaar selling "gently used" South Asian apparel and crafts. We were very pleased with our profits from the event. Thank you for your donations!

### WELCOME ABOARD!

Rupal Patel has been appointed as Sahara's Accountant. Rupal's bookkeeping services are available through her company, Accountants for You; e-mail: [rpatellc@yahoo.com](mailto:rpatellc@yahoo.com). We have no doubt she will be a tremendous asset to Sahara. We are so glad to have her join our team.

### ADVOCATES

Sahara Advocate Priya Nagaraj is expecting her second baby and is saying adieu to us for now. Good Luck Priya! Sneha Subrahmanian will continue as an Advocate in Broward along with Nilu Choudhury in Dade.

### WEBSITE TO HAVE A NEW LOOK

Volunteers Rupa Nadkarni and Kiran Parikh, web designers for KR Creations ([www.krcreationsinc.net](http://www.krcreationsinc.net)), have offered to assist with Sahara's website. The site will have a more professional look and easy to view drop down tabs. Please check the website within the next few weeks for our new, improved design!

### DONATIONS

You can now make a donation on our website conveniently using PayPal! Sahara needs the support of the community to help us continue to do the good work that we do. Please visit: [www.saharafl.org/donate\\_now!.htm](http://www.saharafl.org/donate_now!.htm)



## Upcoming Events...

- Tuesday, April 21, 2009, 6:30pm  
General Body Meeting  
Jagadish Residence  
RSVP: [info.at.saharafl@gmail.com](mailto:info.at.saharafl@gmail.com)
- Saturday, April 25, 2009, 3:30pm  
Sahara Chai Chat  
Tamarac Community Center  
Topic: The Mother-in-law Syndrome  
RSVP: [info.at.saharafl@gmail.com](mailto:info.at.saharafl@gmail.com)



## APRIL 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

## Prose Corner

### Spring

My heart beats rapidly - and with every beat it sets the stage, for the rhythm of my life.

With every breath I take, I can experience the excitement and anticipation of hope, of the realization of my dreams. It is as real to me as is the scent of the fragrant jasmine entwined in my braids. I am in the spring of my youth, and I sense a deep connection with my true nature; a flowering of emotions, of feelings, a blossoming of new love . It rushes in through every pore of my being leaving me intoxicated. My minds experiences a multitude of mixed thoughts and confused emotions, yet I am happy. For my senses are heightened, and my thoughts are synchronized with, and symbolize the blooming spring around me. The spring of my journey into womanhood.

The silence of nature around me speaks to me, echoing my own naïve thoughts and tumultuous emotions. I hear the buzzing bees, the sweet melodious call of the cuckoo birds. The budding blooms fill my heart with their fragrance. The flapping of the butterflies creates a gentle breeze around me, cooling my ardent passions. I feel change, the metamorphosis of nature. I am a woman yet I hold on to my innocence.

The world is beautiful for it is Spring. The spring of my journey into womanhood.

- Kanchana Krishnan

*An Excerpt from the 2008 Jazz Yatra narrative*

### Chai Chats in Our Community

Want to join Sahara's cause and make a difference, but not quite sure how to? You can attend or host a "Chai Chat". Sahara volunteers will be meeting each month for informal tea and snack parties where men and women come together to discuss various topics. It is a great way for members of the community to get involved. Please contact [info.at.saharafl@gmail.com](mailto:info.at.saharafl@gmail.com) if you are interested in hosting or attending a Chai Chat.



*Sahara is a Miami-based organization working to combat domestic violence in the Asian communities of South Florida, and to provide support for Asian women in distress. Sahara has provided support to victims of Domestic Violence from Bangladeshi, Indian and Pakistani backgrounds. Sahara is dedicated to assist domestic violence victims irrespective of their country of origin. Sahara's membership is open to both men and women.*

**WOMEN IN DISTRESS BROWARD** [www.womenindistress.org](http://www.womenindistress.org)

Hotline: 954.761.1133

**FLORIDA COALITION AGAINST DOMESTIC VIOLENCE** [www.fcadv.org](http://www.fcadv.org) Florida

Toll-Free DV Hotline 1.800.500.1119

Miami-Dade Shelters: **SAFE SPACE** 305.758.2546 and **THE LODGE** 305.693.1170



**“Love doesn’t hurt”**

- Oprah Winfrey

#### EMAIL:

[Info.at.saharafl@gmail.com](mailto:Info.at.saharafl@gmail.com)

#### WEBSITE:

[www.saharafl.org](http://www.saharafl.org)

#### HELP LINE:

**1.866.567.7635**

